

# It's Never Too Late to be Active 2025

## Member check-in

### Neringa Fitness



Scan this QR code to check into each session you attend here

Remember! get your **Activity Voucher** date stamped by the instructor

It's never too late to be active  
So let's give it a go



### Get in touch

Call us on 01992 555627

Creating a cleaner, greener, healthier Hertfordshire

